

FOR IMMEDIATE RELEASE

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What is personal success coaching for kids? That's a great question! When faced with challenges or disappointments, a lot of kids may not possess the tools to handle them. Consequently, many kids struggle but they don't have to. Personal success coaching helps kids develop resilience skills, develop self-esteem from the inside out, learn to believe in themselves, think for themselves to be self-leaders, they learn to live life with intention and purpose, and develop a vision for their lives.

At *Wisdom Tree Kids*, children will learn to develop life-long skills to successfully navigate the daily challenges that life brings with confidence. It's all about empowering kids through mindset development. Kids will learn how to use the power of their own mind and thoughts to create a happy and fulfilling life. We are here to partner with parents.

I am a certified Adventures in WISDOM Coach™ and all my programs are based on a proven coaching model called The WISDOM System for Coaching Kids™. What makes this model so powerful is that I use storytelling, examples, and fun activities to help kids develop a growth mindset to widen their comfort zone for success.

While this is not therapy or counseling, parents can look forward to having great conversations with their child while they are learning and practicing new life skills. This program is *complementary* to therapy or counseling.

I help kids who struggle with:

- Self-Confidence or Self-Esteem
- Peer Pressure or Bullying
- Respect for Themselves or Others
- Fear or Shyness
- Integrity
- Change
- Making Good Decisions
- Comparing Themselves to Others

Class sizes are small and perfect for kids ages 8 to 11. We have workshops starting very soon covering the following skills:

- How to Build Resilience – April 17, 2019 – June 12, 2019 (8 Sessions)
- Making Dreams Come True – Creating a Vision for Your Life – June 17, 2019 – June 27, 2019 (8 Sessions)

Depending on your child's needs, creating a customized session or sessions is available. There are 27 skills to choose from. Consultations are complimentary.

For more information, please contact Caroline Benedum, Certified Adventures in Wisdom™ Life Coach at 440-212-6262 or email at thewisdomtreekids@gmail.com or visit my website www.wisdomtreekids.com.

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